We must have 24/7 services

Because people don’t become ill 9 to 5

I’m not well . . but oh no! Look at the time!

graham@ogilviedesign.co.uk,
The focus of our first full assembly is 7 day services and during the day you will hear about and be able to discuss, the expectations, opportunities and challenges of delivering 7 day services. Clinical Senate has a significant role to play in offering independent clinical advice during significant service change. In order to reduce variation and deliver higher quality, efficient care for patients, 7 day working is a key component for many services. This assembly meeting should not only enhance the knowledge and understanding of the attendees regarding what is currently in place, and what should be prioritised but also enable the attendees to contribute to the knowledge base of the assemble as a whole.

The NHS is committed to improving access to core NHS services 7 days a week to address the significant variation in patient outcomes reflecting when patients are admitted to hospital at weekends and out of standard hours.

Sir Bruce Keogh, Medical Director of NHS England, has set out a plan to drive 7 day services across the NHS over the next three to five years.

www.england.nhs.uk/forumsummaryreport.pdf

The plan sets out ten clinical standards for urgent and emergency care and supporting diagnostic services, which all patients should expect as a minimum, 7 days a week.


Each standard is supported by clinical evidence and developed in partnership with the Academy of Medical Royal Colleges. Five of the ten standards will be in every clinical contract for delivery by March 2016 and the remaining five for delivery by March 2017.

Welcome

Agenda

09:00 - 09:40 Registration and refreshments
09:45 - 09:55 Welcome (Dr Bernard Brett)
09:55 - 10:20 Celia Ingham Clark MBE
10:20 - 10:35 Jane Blower
10:40 - 10:55 Fiona Carey
11:00 - 11:15 Patrick Mitchell
11:15 - 11:35 Refreshments, meet & tweet
11:45 - 12:05 Professor Sir Bruce Keogh
12:05 - 12:30 Q&A with panel, chaired by Dr Melanie Clements
12:35 - 13:15 Workshop 1
13:15 - 14:10 Lunch, meet & tweet
14:15 - 15:00 Workshop 2
15:05 - 15:30 Gt Yarmouth & Waveney CCG / East Coast Health Care
“Great Yarmouth and Waveney System - Enabling people to stay at home.”
15:30 - 15:55 Philip Lumbard, Elderly Care Lead, East Anglian Ambulance Trust
“Working together, Everyday.”
16:00 Summary, what next & closing address (Dr Bernard Brett)
16:15 Refreshments, meet & tweet
Jane Blower

Jane graduated from Nottingham University with the first UK Masters in Assisted Reproductive Technology. In her substantive role as a consultant reproductive scientist she is responsible for the scientific service for the diagnosis, management and treatment of infertility patients at the Leicester Fertility Centre. She is also the Human Fertilisation & Embryology Authority (HFEA) Person Responsible and is a founder member of the Association of Clinical Embryologists (ACE) and sits on the Executive committee for ACE.

In April 2014 Jane was seconded as Deputy CSO (acting) working closely with the Chief Scientific Officer (CSO) and senior colleagues at NHS England and is actively involved in the CSO work programme, focusing on leadership, quality, innovation and commissioning of diagnostics as well as working with NHSIQ for the delivery of 7 day scientific services.

Dr Bernard Brett
Chair of the east of England clinical senate. Consultant in Gastroenterology and General Internal Medicine based at the James Paget University Hospitals NHS Foundation Trust.

Bernard’s clinical interests include Bowel Cancer Screening (he has been an accredited bowel cancer screening colonoscopist for the last 7 years), Therapeutic Endoscopy and ERCP.

Bernard has held several senior management posts over the last eleven years including that of Medical Director, Responsible Officer, Deputy Medical Director, Divisional Director, Director of Patient Flow and Appraisal lead. He continues with an interested in Appraisal and Revalidation. He has also spoken at regional and national meetings on the topic of 7 day working.

Dr Bernard Brett
Chair of the east of England clinical senate. Consultant in Gastroenterology and General Internal Medicine based at the James Paget University Hospitals NHS Foundation Trust.

Bernard’s clinical interests include Bowel Cancer Screening (he has been an accredited bowel cancer screening colonoscopist for the last 7 years), Therapeutic Endoscopy and ERCP.

Bernard has held several senior management posts over the last eleven years including that of Medical Director, Responsible Officer, Deputy Medical Director, Divisional Director, Director of Patient Flow and Appraisal lead. He continues with an interested in Appraisal and Revalidation. He has also spoken at regional and national meetings on the topic of 7 day working.

Celia Ingham Clark

Trained in general and colorectal surgery, Celia was appointed Consultant in 1996 and has held several senior posts including Director of Medical Education, Clinical Director, Director of Operations, Trust Medical Director, and Medical Director of Whittington Health integrated care organisation.

Celia has also held national clinical lead roles for colorectal cancer, and for transforming inpatient care under the Cancer Services Collaborative and later NHS Improvement.

Celia’s particular interest is in supporting and implementing quality improvements in patient care.

Professor, Sir Bruce Keogh
Bruce became the National Medical Director for NHS England in April 2013.

He is responsible for the clinical and professional leadership of doctors, dentists, pharmacists, scientists and allied health professionals; improving clinical outcomes and promoting innovation.

Before taking up his national leadership role in 2007, he was an associate medical director at University Hospital Birmingham prior to becoming Director of Surgery at The Heart Hospital and Professor of Cardiac Surgery at University College London.

In a distinguished career in surgery, he has been President of the Society for Cardiothoracic Surgery in Great Britain and Ireland, Secretary General of the European Association for Cardiothoracic Surgery and a Director of the US Society of Thoracic Surgeons. He has served as a Commissioner on the Commission for Health Improvement and the Healthcare Commission and was knighted for his services to medicine in 2003.
Patrick Mitchell
Director of National Programmes - Health Education England. Patrick currently leads the medical education and programme team within Health Education England, managing the national systems for selection and recruitment of doctors in training and overseeing all aspects of the quality management and governance relating to the programme. Current focus includes looking at innovative solutions for hard to recruit specialties including General Practice, Emergency Medicine and Psychiatry. Patrick also has responsibility for E-Learning for Healthcare, a Department of Health sponsored programme for clinical e-learning packages across the NHS, and directs the Better Training Better Care programme, which seeks to implement the recommendations of the Temple and Collins reports on the delivery of medical education and training.

Patrick has held the role of Chief Operating Officer/Deputy Chief Executive at St Georges Healthcare NHS Trust in south London, Director for Operations at the Royal Brompton and Harefield NHS Trust and has been a management consultant with PriceWaterhouseCoopers health practice in San Francisco.

Speakers

Fiona Carey
Fiona worked for thirty years in publishing and Higher Education, mostly at the Open University. A kidney cancer patient since 2001, she had a Whipple’s surgery for pancreatic metastases in 2011, and retired in 2012. She now has iatrogenic Diabetes. Fiona is Co-Chair of the East of England Citizen Senate; a member of the Specialised Urology (Cancer) CRG, and works with NHS England on a number of initiatives (she spoke on 7 day Services at the AGM, has helped to design NHS Citizen, chaired the Wheelchair Services Summit with David Nicholson, and is part of the Coalition for Collaborative Care).

Workshop Guide

Delegates are invited to attend two workshops of their choice. These workshops cover a variety of topics, all related to 7 day services, and will provide a wide range information from the national, regional and local perspective. Delegates will be able to hear about and share experiences, thoughts and ideas on the expectations, opportunities and challenges of providing 7 day services.

Tickets for the first workshop will be available on arrival at the registration desk; tickets for the second workshop will be available at the lunch break. Places are limited for each workshop They will be allocated on a ‘first come, first served basis’.

My workshop sessions are:

Workshop session 1

Workshop session 2
Workshops

Aligning stakeholder interests to deliver acute 7 day services

Lead presenter: Celia Ingham Clark.

This workshop will describe the approach to co-production and implementation of acute care standards in London that started in 2011 and give attendees an opportunity to consider how they will approach similar challenges in delivering 7 day services in East Anglia.

Identifying challenges and solutions in diagnostic services across 7 days

Lead presenter: Jane Blower.

This workshop will provide delegates with the opportunity to discuss local challenges of how to access diagnostic services 7 days a week and identify potential solutions using shared learning.

Preparing for the 7 day workforce

Lead presenter: Patrick Mitchell.

This workshop will follow on from the platform presentation “Planning a workforce for 7 day working.”

Great Yarmouth and Waveney System - enabling people to stay at home

Lead presenter: Kate Gill, Director of Operations, Lorrayne Barrett - Head of Social Care, Noreen Cushion - Assistant Director Adult Services. Jane Hackett - Unplanned Care Project Lead and Tracey Parkes.

This workshop will look at the challenges, success and opportunities for 7 day services and encourage ideas and learning from the group to help build on existing models.

7 day GP working - a practical reality or good politics?

Lead presenter: Dr Mark Semler, Hertfordshire GP.

In this workshop we explore the will, feasibility and challenges of 7 day working as experienced by one of the Prime Minister’s Challenge Fund pilots.

Exploring 7 day services in North East Essex - a system wide approach

Lead presenters: Jo Hall, Programme Lead 7 Day Services and Sarah Mitchell, Business Manager End of Life Care Mid Essex CCG.

This workshop will focus on sharing how moving to 7 day services is being explored in North East Essex. Sarah and Jo will share with you the approach they have taken, the tools they have used and what has worked well and less well. They will then go on to share with you an example of 7 day services working for patients seen through ‘Single Point’ and The End of Life Service.
Workshops

Understanding the challenge of implementing 7 day services; A collaborative approach by Acute Trusts in the East Midlands

Lead presenter: Roz Lindridge
Associate Director, East Midlands Senate and Strategic Clinical Networks.

This workshop will provide delegates with an insight into the approach, emerging findings and lessons learned from a collaborative project, sponsored by the East Midlands Clinical Senate, where ten acute trusts are working together to understand the implications of the clinical standards for 7 day urgent and emergency care and supporting diagnostics.

Health coaching - transforming clinician patient communication to support behaviour change

Lead presenter: Penny Newman, Clinical Lead and Co-Chair, Health Coaching Programme.

This workshop will look at how to encourage patients’ self-management and provide delegates with information about the Health Education England Eastern Health Coaching programme; what it is and isn’t, how patients, clinicians and organisations benefit from a health coaching approach and how to get involved.

Contacts made / to follow up

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
<th>Role</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
<th>Role</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
<th>Role</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Contacts made / to follow up

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
<th>Role</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
<th>Role</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### NHS Services, 7 Days a Week Forum

**Clinical Standards**

- **Standard 1:** Patient Experience
- **Standard 2:** Time to first consultant
- **Standard 3:** Multi-disciplinary Team (MDT) review
- **Standard 4:** Shift Handovers
- **Standard 5:** Diagnostics
- **Standard 6:** Intervention / key services
- **Standard 7:** Mental Health
- **Standard 8:** On Going Review
- **Standard 9:** Transfer to community, primary and social care
- **Standard 10:** Quality Improvement


Copies of the standards will be available for attendees at the assembly.
**East of England Clinical Senate:** Providing independent clinical advice to health commissioners in the east of England.

Clinical Senate supports health commissioners and other stakeholders to help them make the best decisions about healthcare for the populations they represent through the provision of independent, clinical advice and guidance that is safe, evidence-based and impartial. With its broad range of members including clinicians and professionals from health care and patients and citizen representatives, the Senate has a unique source of expertise and knowledge to draw upon.

Clinical Senate would like to offer commissioners its support for their 7 day services development and implementation. We are able to provide a confidential review of action plans for the implementation of clinical standards as well as clinical review of any service change proposals.

Find out more about us, what we do, how we work and how you can become a member on our website: [www.foresenate.nhs.uk](http://www.foresenate.nhs.uk)